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digital school menus

San Diego Unified School District Food and Nutrition Services www.sandi.net/food



For Elementary School Students
Beginning September 2, 2014—Menu Subject to Change

New Menu App!

School Menus on Your Mobile Phone!

Download our Mobile App Today! It's Free!

- View Breakfast, Lunch and Supper Menus
- View Nutrient and Allergen Data
- Rate your favorite dish and have a say
- Available on iOS and Android devices

Now it's easy to see what's on the menu every day in your Kid's Choice Café with our new mobile phone app. **Thank you** to the **California Endowment** for funding the development of the app. The app was designed and developed by **YumYummi Digital School Menus**, a San Diego Company.



Meal Prices 2014-2015 Lunch Breakfast

Elementary student	\$2.00	\$1.00
Free & Reduced-Price	Free	Free
Adult w/o beverage	\$3.50	\$2.50
Second student meal	\$3.50	\$2.50
Milk	\$.50	\$.50

Lunch

Meatless Monday!	Tuesday	Wednesday	Thursday	Friday
Cheesy Pizza ◆	Cherry Blossom Chicken w/Whole Grain Rice	Macaroni & Cheese ◆	Mozzarella Breadsticks w/Marinara+; At CA Thursday schools: Mary's Mesquite Chicken Drumstick	Silly Spaghetti w/Meatballs
Golden Bean & Cheese Burrito ◆	All-American Cheeseburger	Classic Chicken Sandwich	Teriyaki Beef Dippers w/Whole Grain Rice	Super Duper Chicken Nuggets w/Dinner Roll
Jacob's Veggie Rice ◆	Starberry Sun Sandwich w/String Cheese ◆	Starberry Sun Sandwich w/String Cheese ◆	Starberry Sun Sandwich w/String Cheese ◆	Starberry Sun Sandwich w/String Cheese ◆
Garden Salad Bar	Garden Salad Bar	Garden Salad Bar	Garden Salad Bar	Garden Salad Bar

Select one entrée and one or more selections (at least 1/2 cup) from the Garden Salad Bar containing a variety of fruits, vegetables, dressings and other side dishes. Milk is offered at each meal.

♦ Meatless Entrée



Breakfast

Kid's Choice Café Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Rise 'n Shine Breakfast Sandwich	Eggo Bites Mini Maple Pancakes	Country Scrambled Eggs & Potatoes	Eggo Bites Mini Maple Waffles	Sunrise Burrito (Beef-Chorizo, Egg, Cheese & Potato)
Assorted Cereal w/Goldfish Grahams	Assorted Cereal w/Goldfish Grahams	Assorted Cereal w/Goldfish Grahams	Assorted Cereal w/Goldfish Grahams	Assorted Cereal w/Goldfish Grahams
Trix Yogurt w/Goldfish Grahams	Trix Yogurt w/Goldfish Grahams	Trix Yogurt w/Goldfish Grahams	Trix Yogurt w/Goldfish Grahams	Trix Yogurt w/Goldfish Grahams

Breakfast includes a trip to the breakfast bar for a variety of fruit. Milk is offered at each meal.

Week 1: 9/1, 9/15, 9/29, 10/13, 10/27, 11/10, 11/24, 12/8, 12/22, 1/5, 1/19
Week 2: 9/8, 9/22, 10/6, 10/20, 11/3, 11/17, 12/1, 12/15, 12/29, 1/12, 1/26

Breakfast in the Classroom

At Participating Schools



For vegetarians, entrees containing meat may be substituted with cereal & Goldfish Grahams upon request.

Free and Reduced-Price Meal Information

Free and reduced-price meals are available to students whose families meet the federal income criteria. Applications are available throughout the year at all schools, at the SDUSD Food Services Office and online at www.sandi.net, select School Meals/
Application then Free and Reduced-Price Meal Program. Call (858) 627-7328 for more information.

How to Prepay for School Meals

Breakfast: - \$ 1.00 - Lunch - \$2.00 PREPAY BY CREDIT CARD

Prepay for meals by MasterCard, VISA or Discover Card using the PayPAMS meal payment system. The free **PayPAMS Mobile App** is now available for Android and iPhone. Make payments, view meal account balance, cafeteria purchases and payment history.

Or visit our website at www.sandi.net select School meals/Application and select the link Pre-payment for meals,or www.paypams.com

PREPAY AT SCHOOL-CASH OR CHECK

Put cash or checks made payable to your child's school cafeteria in a sealed envelope. Write your child's name, birth date and teacher's name on the envelope.